# The Bear Print

# **David Brearley High School**

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Volume 4



### Teacher of the Year: Mr. LaBruno

By Katrina Magtalas and Benjamin Shapiro

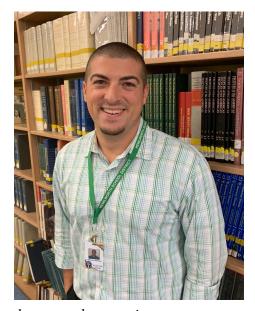
The Bear Print had the opportunity to speak with Mr. LaBruno, who, in his eighth year at DBHS, was selected as the 2018-2019 Teacher of the Year.

# What does it mean to you to receive this award?

It means a lot because when I think of the other teachers that have received it, I respect them highly, and some of them I even had when I was here as a student. It's pretty humbling to think that there are other teachers, parents, and administration that would think of me that highly.

## How did you decide to become a teacher?

I didn't want to be a teacher initially. I went to school for music performance, so my bachelor's degree is in performance. About halfway through my



chance to do a music summer camp at what is now my church, and it was a life-changing event on many levels, not just career-wise. It was a turn in my life in terms of my faith as well. Getting to work with kids that were middle school and high school age and seeing their growth over that summer was pretty unbelievable. I went in with very low expectations, thinking that these kids were not going to be able to achieve the standards that I set, but they did and then some. I thought it was really cool

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and rewarding to not only be able to see them have a really great performance but also for me to see that I had a part in it. After that performance degree, I had a change of heart. I had a

summer, I decided that when I went back to school for a master's degree I wouldn't go back for another performance degree - I would go for teaching. After getting my Master's, I interviewed here within weeks.

#### How many instruments do you play?

Percussion instruments, piano, guitar and bass guitar, sax-- which is my primary instrument-- flute, clarinet, trumpet, trombone. I'd say it's fair to say that I know how to play around a dozen or more instruments.

# What do you love about the town of Kenilworth?

I grew up here. There are pros and cons about Kenilworth being a small town but a pro would be that there is a charm in having a small town that larger cities lose because you could "get lost in the sauce." In a small town, you are able to know people on a personal level. Even if you're just walking down the street you would know their names, or even when driving down the street or eating at a restaurant.

# In your opinion, what are some of the biggest challenges that teachers in America face today?

Just balancing all the responsibilities that are handed to us as teachers. We are

expected to do more each year and it gets overwhelming since things are just getting added. It's the challenge of maintaining the students as the center of your focus and attention since it's difficult to juggle all the things that are handed to us. It should really be about the students and what you can teach them and what they can get out of their time with you.

# What is the best piece of advice that you have received throughout the years from your colleagues or previous mentors?

I would say the person who had given the best advice to me is my dad. My dad was a middle school teacher, then a principal. He would always say to me, "Chew the meat and spit out the bones." As a teacher, you learn so much from colleagues so it pretty much means to me that I will adopt the good aspects of their teaching and 'take out' parts that I don't like or don't work for me.

# Throughout the years you have been teaching and directing the band program, what are the changes you have seen?

I think it's more improvements

than changes. I think recruitment and motivation has been a big part of having more students in the band program. I remember when the band was much smaller. For the marching band, instead of making the attendance of the football games a mandatory grade, now more than 75% of the kids are volunteers. I'm humbled by the amount of students who are dedicated and who are giving up their own time to attend these games and play. They enjoy being together and performing in the halftime show. The culture shift, growing numbers, and other tangible changes are very exciting to witness. For example, now I'm seeing many students proudly wearing Marching Band varsity jackets. The culture, growing pride, comradery, and the band kids being really close friends have been the most rewarding things to be a part of.

Congratulations to Mr. LaBruno!

### **Back To School Tips**

**By Sophia Stanziola** 



Say goodbye to summer and hello to a new school year! The first couple of weeks of school can be exciting but also very stressful - waking up early, receiving homework, and even meeting your new teachers. Falling back into the routine so quickly is hard. As students, it's our job to always be on top of things, and not fall behind. Being reminded about tips to help us stay motivated is a must.

#### 1.Get into a routine

Having a set routine on a day to day basis is extremely helpful. Simply having a basic idea of what you're going to do at a certain time goes a long way. What time would you do your homework? What time would you study? Finding time in your day that works best for you goes a long way.

#### 2. Don't be afraid to ask questions

Most students are scared to ask questions in class. They're afraid of embarrassing themselves, which can cause their grades to decline. There is no shame in asking for help. You must take proactive steps to make sure you understand the material. If this still doesn't suffice, acquire a tutor!

#### 3. Start small

If you have an essay or project looming, it's best not to leave it to the last minute. Procrastination gets the best of us in high school, but it's important to stay motivated. Start by doing a little every day. Write a paragraph, or do a couple of math problems each night.

Completing some of your work each night eliminates the unnecessary stress of rushing to finish your work the night before it's due.

#### 4. Study a little every day

Cramming for a quiz or test the day before might work in the short-term, but definitely not in the long-term. Look over your notes each night to make sure you understand them. Edit parts that don't make sense, and star and highlight things that may seem important. Interacting with your notes frequently will help you remember them. This method helps all students in the long haul.

#### 5. Set goals

Setting goals, both personal and academic, are important for students. Setting measurable and achievable goals is a great way to see your own growth over the school year. Maybe you'd like to stop procrastinating? Achieve a certain grade in a class? Or even go to sleep every night at a certain time? Having realistic goals set for yourself is a great motivational tool to keep you determined.

### **Work Being Done in The Gym**

#### **By Nicole Mota**

As everyone knows by now, over the past few months our gym has been under reconstruction. But many of the students at David Brearley have been left in the dark about information such as new additions, completion dates, and modifications.

#### Why is it getting redone in the first place?

Ryan Jayne, the Athletic Trainer, gave two main reasons. The first is that it was just old and the second is that the flooring was beginning to thin. As you can see in the image to the right, the new flooring looks very different compared to our old, rustic gym floors.

#### New Additions and Modifications?

In addition to the new flooring, there will be new glass backboards for our DBHS basketball players! This includes all of the backboards in the gym, not just the two main ones. The banners taken down will be back up as well, but they

have been redesigned to have a more modern look. After everything else is done, they will put in the new bleachers some time in November. When asked his opinion on the gym's overall appearance, Jayne said, "It is going to be very nice."



#### When Will it be Done?

The gym should be ready for students by the end of October.

# **New Administrator Spotlight**:

# Mrs. Pryzwara By Michael Vargulin and Kylie Nazario

The guidance department of DBMHS is essential to every student's high school experience. From needing help with your schedule to getting advice with an issue that is bothering you, Guidance puts in great efforts to help you with anything you need. This school year, a new addition has been made to the Guidance team, the new Supervisor of Guidance, Joy Przywara. Mrs. Przywara oversees the guidance department and works with kids from kindergarten to twelfth grade. She has lots of experience working within schools as she had spent nine years in South Amboy, nine years in Hazlet, and one year in Allentown before coming to David Brearley.

Before becoming a guidance counselor, she was an English teacher for many years, but she decided to make the switch because she wanted to make an even bigger impact on the kids and people around her. Her old guidance



counselor was very influential in her life when she was younger and that inspired her to make this decision in order to make a positive difference with her students.

Mrs. Przywara had many reasons to apply for the position of Supervisor of Guidance. One reason was the short commute, as she and her husband are from Roselle, and another was just loving the the faculty, administration, students, and especially from the secretaries. She views the school environment here at David Brearley as a very "awesome" and positive community overall. She also knew the area very well, so she decided to give it a shot and fortunately was accepted. Mrs. Przywara admires the direction and creativity the leadership that Brearley strives

for and seeing that every staff member has the same collective vision for the students ties in with her many goals.

One of Mrs. Przywara's main missions for the students is to help them achieve their goals no matter who they are. She believes if you can, "Change the life of one student you change the world." This quote is very special to Mrs. Przywara and can be seen in every single one of her email responses since she aims to make the biggest impact she can achieve.

Mrs. Przywara's mission for her students is not only limited to school as she is known to help anyone who really needs her, whether it is with college planning or anything else they need. Mrs. Przywara also tries to make her students her priority. Since Mrs. Przywara has been here she has received a very warm and welcoming attitude from the faculty, administration, students, and especially from the secretaries. She views the school environment here at David Brearley as a very "awesome" and positive place to work at and hopes to stay around as long as possible to enact her dream of changing lives in the best way possible.

# New Teacher Spotlight: Mr.

# Condrack

**By Julady Rocha** 

A new school year brings many new faces. For one of this month's spotlights, The Bear Print is interviewing Mr. Condrack, a new teacher joining us on our mission of success here at David Brearley High School.

# What do we already know about Mr. Condrack?

- He is a history and holocaust and genocide teacher.
- He has been teaching for a little over 10 years now.
- He loves air conditioning.

# What inspired you to become a teacher?

"I had tremendous teachers during my time in school. They really went above and beyond to not only make learning fun but to engage in social learning before that was widely talked about. They also took a tremendous amount of time and care for every student that they had and that really affected me, and I wanted to try to pass some of legacy forward to other students."

# Do you feel you have had an impact on the students that you've taught? If so in what way?

"I hope so. I've been very lucky now to have taught for a little graduate and become adults. I've seen them graduate college, I've seen them move on in other careers - careers in the military, things of that nature. I've been very lucky to have those students come back and visit or see them in the community and relay those positive feelings - to see them just want to come back and talk to



some of my classes now and tell stories of their time in my class and tell about the things that I have done or things that I have taught them. And so, having that reflective capability and seeing these students go on to do really great things, I think they are going to do great but also have them recognize the importance education and have an opportunity to pass that forward."

# What do you think is the biggest challenge that students today face?

"I think students today have a tremendous amount of challenges both in and out of the classroom. Expectations continue to rise. I think that as technology continues to move forward, it is so important for this generation of students to keep up with those changes and not be bogged down in any one piece of technology. In order to do that, I think, the increase in communication availability, whether it is through social media, technology or streaming, really force you to stay on your toes and really force you to not get sedentary in to any one pattern of that makes you become more of an ever-changing and life-long learner."

#### If you could give your students one piece of advice that they will remember for the rest of their lives, what would it be?

" I had a great teacher who I later had an opportunity to work with in my previous school, Mr. Danny Higgins. He was a tremendous technical teacher but he told me the importance of being fair, firm, consistent and patient in everything you do and in any relationship that you whether it is with your students, whether it is with your parents, brothers, sisters, your future spouse, your future children. To have those things and to be communicative and communicate with them is extremely important, and I think if you can do those

while and I have seen students of mine things, you have a great opportunity to be successful in those relationships. Fair, firm, consistent, and patient."

### **Homecoming**

#### **By Amanda Jankiewicz**

Being that it is football season, that means homecoming is right around the corner. On Wednesday, October 30th, we will be having our annual homecoming dance from 6:00 to 10:00 pm. Although the date of the dance has been changed from the original

date of October 16th, all tickets previously purchased will still be honored. It is sure to be a night of fun, music, and dancing, and should be a great time for everyone. The homecoming dance is a great night to make unforgettable memories with your friends and have a lot of fun!

Equally as important, on Friday, November 1st, the homecoming game will be at 7:00 pm on the home field. Please come and support your David Brearley Bears as they go against New Providence. Hope to see everyone there!

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# Marching Band and Color Guard

#### By Angel Owens and Abby Donovan

As we start the new school year, we have a new year of marching band and color guard as well. Mr. Labruno and Ms. Alcid have worked very hard to prepare the members of the band and color guard for this season. This year we have many old faces as well as some new ones.

There are new captains for the group this year. The band captain is senior Joseph ioined by Marques, his co-captain, iunior Ariana Ascue. The final captain for this year's season is the color guard captain, senior Angel Owens. Alongside the new captains, Ms. Alcid is also the new color guard coach. Not only did she choreograph the color guard

routines for this year, but she also assisted in helping the band learn their music for this season's halftime performance.



The numbers for this year's halftime performance are "Get Ready" by The Temptations and Caroline" "Sweet by Neil The band Diamond. and colorguard members learned all of their routines and music in one week. They spent Monday through Friday the week before school practicing

from 9 a.m. to 1 p.m. perfecting their performances. The band and color guard will be performing their routine at all of the remaining home football games.

In an interview with marching band captain, Joseph Marques, he was asked how it felt to be captain this year. He said, "It feels great! I'm really happy to help out everyone who is interested in participating. I think we had a really productive year and I feel like we accomplished something big." About how he went about picking this year's co-captain, he responded, "I picked someone with a lot of potential and a lot of interest in marching band." The marching band and color guard have a lot in store for this year's season and can't wait for everyone to watch their performance.

### Got a Clue?

#### **By Gianna Sacca**

7 Suspects, 6 weapons, 5 bodies, and 1 ending. It's a dark and stormy night and six guests, a butler, and a maid have come together for a dinner party. All is fine until the host turns up dead. As the suspects try to work together to find the killer, the body count is stacking up. This year's fall drama, *Clue* (based on the popular board game and classic film), is coming to our stage! Directors Ms. Van Steenacker and Ms. Alcid are both very excited to be working with all the students to take an amazing show and put it on for all to see.

Katie Kuster, one of the cast members who tried out for the first time this year and got her role as an FBI Agent, says, "I'm really excited for my first high school show and I hope that the other cast members are helpful to me for my first experience on the high school stage!" With a lot to do to get the stage ready for a show like this, the cast and crew will be working hard and hope to see everyone on December 4th and 5th!

#### The cast consists of:

Wadsworth played by Alex Power Colonel Mustard played by Aidan Colon Yvette played by Lucia Mangano Mrs White played by Melanie Mangano Professor Plum played by Daniel Hart Mr Green played by Joseph Marques Miss Scarlet played by Gianna Sacca Mrs Peacock played by Mia Fuschino. Other actors involved in the show are Grace Devlin,

Other actors involved in the show are Grace Devlin, Mariella Cuadra, Angel Owens, Abby Donovan, Johnathan Ornowski, Tiara Pittman, Katie Kuster, and others

### **Brearley Football**

#### by: Chelsea Cantalupo and Abby Boyars

After a long pre-season of hard training, The Brearley Bears football team put up quite a fight at the first football game of the season. They played Cedar Grove and on the harsh and rainy night, they sadly weren't able to take a win. Even though a loss was the outcome, the crowd and the David Brearley cheerleaders had their backs the whole time.

The next Friday, the Bears took a long hour and a half bus ride to Belvedere, and dedicated fans traveled with them. Our crowd was loud, and the cheerleaders and fans were booming with support the whole night. As the night progressed, the Bears fought harder and harder, earning their first victory of the season, making them 1-1. The bus ride back was an hour and a half of victory and success.

The Friday after that, everyone was more than excited to

compete against a recognizable team - Jonathan Dayton High School. The small-sized bleachers, were so full that people had to stand around them. The temperature was perfect and by the first half of the game, the Bears took a strong lead. In the second half, Dayton started to have more of a purpose and fought back a little harder. That was no match for the Bears, though, when they took a big lead, making them officially 2-1. Currently, the Bears are 5-1, and everyone is excited for the rest of the season!

### **Girls Soccer**

#### by Alyssa Carew and Isabel Velez

There are many new things to be excited about this fall and that includes the David Brearley girl's soccer team. The girls started off this season strong by winning against Benedictine 6-0. Isabel Allocco had one goal as well as one assist, Micaela Etlinger had two goals and two assists, and both Emma Bestider and Catherine Goger had one goal each.

Recently, against New Providence, they tied 1-1. In that game, Amber Fernandes had the



goal for Brearley and Sofia Lospinoso made 8 saves. Currently the team's record is 11-1-1. The girls are on a roll and it looks like nothing can stop them.

Come out on October 22nd as we honor our seniors for their last year of playing David Brearley girl's soccer. Seniors Isabel Allocco, Sofia Lospinoso, Micaela Etlinger, Paige Middleton, and Nicole Santos have done a phenomenal job during their time playing with the David Brearley Lady Bears, and they will definitely be missed.

We wish the best of luck for the Brearley Girls Soccer team and hope for an exceptional season!

### **Vaping Kills**

#### **By Jordana Wagner**

Since June, there have been a multitude of cases of respiratory illnesses targeting seemingly healthy high school students.

These cases have been widespread, affecting over 36 states in the U.S., and all have one thing in common: patients have a history of e-cigarette use.

Vaping was once seen as a healthier alternative to supplying one's addiction to nicotine.
Although certain products, such as the Juul, have been targeted towards those trying to quit tobacco products, it has become quite popular with teenagers.
According to the Centers for Disease Control and Prevention, "E-cigarette use increased from 11.7% to 20.8% among high school

students and from 3.3% to 4.9% among middle school students from 2017 to 2018."

Since the use of e-cigarettes has increased, it is more likely that students within this school will use them. An anonymous 18-year-old male student agreed to answer some questions one may have about vaping:

Q:"When did you first start vaping?"

A:"I started when I was 17 and continued it for three months."

Q:"What type of vaping products have you used?"

A:"All of them pretty much, juuls, dab pens, firecrackers..."

Q:"Have you recently vaped?"

A:"I've been done because my lungs started hurting."

Q:"Have you heard about the

A:"Yeah I think it's crap, I think it

is from idiots who use two pods a

day as opposed to spacing it out,

like a pod for three days."

Q:"Did you think you were ever at risk for the illness?"
A:"No."

So, what is this new vaping illness all about? Although there is not much known about the facts of the new ailment, every single patient has reported using a vaping product. No consistent vaping product has been identified as a link to the lung disease. The vaping products the patients have used mostly contain THC, but there are a few cases where a patient has only used nicotine.

Seeing as all patients have used different types of e-cigarettes, there is no exact chemical that can be pinned to the illness, but the illness is definitely due to a chemical exposure.

There are 380 confirmed cases in 36 states and one territory, in which six cases have led to death. Different states are in the process of classifying cases based on a patient's medical history and if they use vaping products. In addition to examining current cases, states are working on classifying old cases with this same disease.

# Suicide Awareness By: Annabelle Klinder and Leigha Yacullo

vaping illness?"

Although suicide awareness is heavily recognized throughout the month of September, it is still important to talk about it the rest of the year. Suicide is the 10th leading cause of death in the United States. In 2017, there were an estimated 1,400,000 suicide attempts across the United States alone.

Despite the common

Psychalive.org "If someone is willing to gamble with their life to get our attention, we are better off paying attention than sending the message that they have to do something more drastic to get our attention." Some people may be laughing while reading this and think it's a joke, but it needs to be discussed so that people do not lose their lives to mental illness. The reality is, most of us are not okay, and that is okay. Some people need more help than others, and many people do not seek it because they are afraid to be considered weak. Resources are out there to help people who suffer

from suicidal thoughts do so because of depression. Only half of Americans suffering from depression have the courage to eventually seek help, as most are scared of people finding out and being seen differently. Although it can happen, seeking help and slowly reaching happiness will eventually be worth it. Many people who are suffering from suicidal thoughts tend to feel alone and feel as though nobody around them understands, but the truth is that nobody is alone, and people surely understand. Many people that also have suicidal thoughts feel the way they do because they

misconseption, those who attempt suicide aren't just doing it for attention, according to worthless, and think that everyone around them would feel much better if they were gone. If you feel this way, although it's cliche and said a lot, you matter more than you will ever realize. People around you love you even if you do not know it or believe it. You are not a burden, and you being gone will only bring pain to the people you care about. Time heals everything, and seeking help is very important! If you feel as though you want to get medical help, or if you even want to talk to somebody about the way you are feeling, talk to an adult you trust. Whether it is a teacher, a family member, anyone. If you feel you do not have anyone around you that you feel comfortable talking to, talk to someone, even one of us, and we will listen and understand.

Another very important topic that should be brought to light is self-harming. Statistically, most people that attempt suicide have from a mental illness and prevent suicide.

In most cases, people that suffer previously self-harmed. The sense of relief from self-harming can become so addicting that it is very difficult to break the habit, but it is possible.

These are seven ways many people learn to break the habit: distract yourself, practice self care, relieve stress, release anger, express your feelings, connect with others, and try to replace the sensation. Just like suicide, self harm is not the answer. Whatever it is you may be going through, whether it has been long-term or short-term, the pain *IS* temporary, but suicide is a permanent, irreversible solution to a temporary problem.

Receiving help does not make one weak and it does not matter who you are. If you need help, and don't want to contact a teacher or trusted adult, there are a few options. First, you can contact 2ND FLOOR, which is a have a very strong hatred for themselves, see themselves as confidential and anonymous helpline for young people in New Jersey. They can help find solutions to the problems that you face and are available 24 hours a day, every day of the year. 2ND FLOOR can be called/texted at (888) 222-2228 or via 2ndfloor.org. Additionally, you can call the number below to contact the National Suicide Prevention Lifeline.

If you or someone you know is considering self harm or suicide, please contact emergency services or talk to a trusted adult.



# Mental Health Days

**By: Angel Owens and Abby Donovan** 

All people have felt stress at one point in their lives. With all of the bad things going on in the world right now, it can get

often nowadays. On July 1st, a law was passed in Oregon to allow students to take five mental health days in a three month period. Utah has also done something similar. During 2018, Utah made it a valid excuse to stay home because of either a mental or physical illness. Depression and anxiety are just

New York state is considering this bill as well. A New Yorker by the name of Alex Dennis told CBSN in an interview, "It's important because we're seeing more and more young people thinking about suicide. Having mental illness as a condition is something that we cannot ever

overwhelming. While most people think this may only apply to adults, teenagers experience stress very gives schools a little bit of a yellow flag. Not necessarily a red flag, but a yellow flag. Hey, maybe we should check on this person. Maybe they just needed some sleep, or maybe they're really struggling."

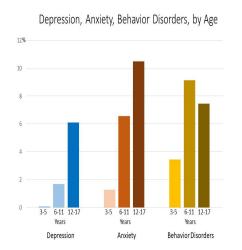
Mental illnesses has become a worldwide issue in past years. These are some statistics about mental issues in the U.S. that cdc.gov has provided:

- -9.4% or approximately 6.1 million children between the ages of 2-17 have been diagnosed with ADHD
- -7.1% or approximately 4.4 million children between the ages of 3 and 17 have been diagnosed with anxiety
- -3.2% or approximately 1.9 million children between the ages of 3 and

two of the illnesses that have been researched as major causes of a teenager's problems.

17 have been diagnosed with depression

-78.1% of 3-17-year-olds have received treatment for depression -56.3% of 3-17-year-olds have received treatment for anxiety -53.5% of 3-17-year-olds have received treatment for behavior disorders.



take unnoticed". In another interview with CBS2, Jodi Gold, a pediatric psychiatrist said, "It also

Although mental health days can be beneficial, they can also be a bad thing. It's likely that you won't get them in college and work and so you don't want to get used to having them because you might not have them in the future. Also, kids can just use this as an excuse to not come to school as some students have done with regular sick days.

Overall, though, there are more pros than cons, showing that this is a good idea and can benefit more people than hurt them. This could lessen the national suicide rate and help students manage their stress For the sake of children in the state, perhaps New Jersey will consider implementing this.

# What's Going on in the Amazon

**By Shania Villallobos** 

As you already may know, The Amazon rainforest, dubbed "The World's Lungs," is crucial to our environment and our survival due to the fact that it makes up 20 percent of the world's oxygen supply. The rainforest is spread

French Guiana. It covers about 1.4 billion acres. Aside from what



Aerial view of the Amazon Jungle burning as it's being cleared by loggers

that has recently started to spread uncontrollably has destroyed major areas within the once beautiful rainforest.

The Amazon is home to around 3 million plant and animal species along with 1 million indigenous people. Their safety is at critical danger with the rainforest burning "at an unparalleled rate."

out across the countries of Brazil, Peru, Colombia, Venezuela, Ecuador, Bolivia, Suriname and The actual size of the fires is still not entirely clear, but they're burning in several large states in northwest Brazil. Estimates have smoke covering 1.2 million square miles of land."

If something is not done about this sooner rather than later, the world may lose one of its most beautiful and necessary natural resources. usually happens in the Amazon activities such as logging, mining, and oil drilling, all of which have caused deforestation - a great fire



According to
BusinessInsider.com, "In 2019,
thick smoke now blankets much of
the Amazon.

This map shows every fire that has started burning since August 13, 2019 across South America. (Courtesy of Global Fire Watch)

# Plastic Waste's Effect on the Oceans

**By Emma Alves** 

A single piece of plastic can take years to break down while also releasing toxic chemicals that can harm marine life as well as the ocean's overall water quality. Materials that are not properly recycled and composted end up in our waters, damaging them and the marine life inhabiting them.

The toxicity of these chemicals can cause distress or even destruction of a species which can negatively affect the ocean's natural food chain. Eight million tons of plastic material is being put in the ocean each year. This means billions of chemicals released into oceans are affecting sea life and coral reefs, but it isn't only chemicals from plastic, it is also from materials like sunscreen.

Sunscreen that is applied and rubbed off in water can, even in small doses, bleach coral reefs that are already threatened. If a coral reef is bleached, then it is stripped of its colors and interactions with other marine life. The plastic bottle is just as dangerous as the chemicals inside of it. Straws are

another example of a product that not only releases chemicals into the sea, but also harms fish and sea turtles that might come into contact with them. Pollution is killing oceans all across the globe. As we have seen an increase in plastic waste and other pollutants being dumped in oceans, we've also seen an increased number of species that are now endangered or extinct due to plastic and the harsh chemicals it releases.

Despite all of this, there is a simple way to help. Live more sustainably by recycling what you can and dispose plastic materials correctly.

## Democratic Debate

**By Ariana Ascue** 

Next year there will be a presidential election, and it is very important that we know what each candidate wants to do while in office. A couple of weeks ago, there was a democratic debate that happened in Texas where the top 10 Democratic candidates met and participated in a live 3-hour debate for all to see. The candidates were Ioe Biden, Bernie Sanders, Elizabeth Warren, Kamala Harris, Pete Buttigieg, Cory Booker, Beto O'Rourke, Amy Klobuchar, Julian Castro, and Andrew Yang. Polls have shown that Biden is in the lead with Warren right behind and Sanders creeping up. Many wanted to see how these three candidates would persevere and come out on top.

#### Standing out from the crowd

Throughout the debate, many candidates took a jab at our current president, Donald Trump, by calling him racist, sexist, and anti-immigration. A majority of the debate was focused on healthcare, gun rights, and immigration. Many had the same viewpoints on how to handle these issues while some stood out from

Unlike Warren and Sanders, Joe Biden wants to build off of "Obama Care" (the Affordable Care Act) by making it more affordable to those who can't afford their current health care (estimating that everyone will only need to pay \$1000 a year for healthcare).



Elizabeth Warren had her own thoughts. She wants to make the rich pay more for healthcare to cover the bill of a poor/middle-class family, allowing them to pay less than they originally had to. Gun control is *very* important to her; in fact, she wants no guns on the streets.

Next, Bernie Sanders wants to make healthcare affordable to all, only needing everyone to pay about \$200 annually for Medicare. He claims that healthcare is a basic human right so everyone should have easy access to it. Additionally, he is one of the only candidates that mentioned climate change in his opening statements, saying we

Many people on the stage had the same plan to get rid of guns to reduce gun violence, but only one, Cory Booker, wants stricter background checks before being able to purchase a gun.

Andrew Yang currently is in the middle of the polls. One of his policies is that every family home would receive \$1000 a month soall can be ready for when machines replace human workers in industries. During his opening statements, he promised that 10 families that support his campaign will receive \$1000 for one year, claiming that many campaigns never give back, but he isn't one of them.

Almost all the candidates agree that immigrating to the United States should be an easier and more affordable process. Many believe that immigrants in the country that already came in illegally should be able to become citizens faster instead of being deported back to from where they escaped.

These Democrats speak to the people and try to connect to all so we can all live peacefully here in America. So if you have the privilege to vote please vote.

Whether it is a Republican or a

Democrat, vote for who you think can make America a great nation.

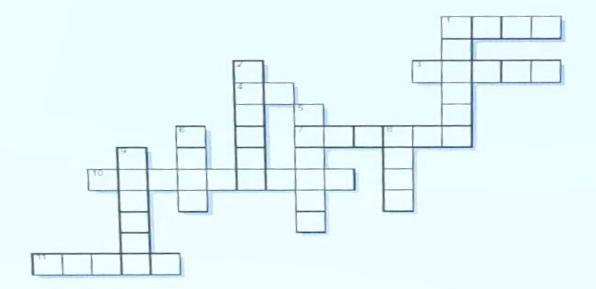
# **Sudoku** by Annabelle Klinder

	6				7			
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4				6	5			9
							4	
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3 5				7	2			
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			-					6
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# THE BEAR PRINT IS LOOKING FOR WRITERS, ARTISTS, AND PHOTOGRAPHERS! WE ARE ESPECIALLY IN NEED OF SPORTS WRITERS! IF YOU ARE INTERESTED, SEE MR. WEINSTEIN IN ROOM 137!

## **Crossword By Gianna Sacca**

### The Creepy Crossword



#### ACROSS

- 1 Movie about a killer shark
- 3 Casper was one
- 4 Stephen King movie about a clown
- The name of the doll in Child's play
- 10 The day that Michael Myers goes back to his hometown and kills his victims
- 11 How many days do you have after watching the tape in The Ring

#### DOWN

- 1 The famous quote from The Shining "Heeere's
- 2 The serial killer in the movie Saw
- 5 Movie with a fright-masked knife maniac who stalks high-school students
- 6 What is Annabelle
- 8 Children of the \_\_\_\_\_ 9 She got covered in blood at her prom

THE BEAR PRINT welcomes feedback and suggestions.

If you have a question, comment, or idea for an upcoming article, please email us at dbhsnews@ksdnj.org